Baaskoolitus, Narva 16-19.10.2017

Time	Activity/topic	Learning outcomes	Methods	Facilitator/trainer	Materials
DAY 1					
11:00 - 11:30	Introduction Greetings from NA	- Created supportive and comfortable atmosphere - Aims of the training and programme are clear for the participants	Introducing trainers/facilitators Presentation	Galina Maari	
11:45 - 13:00	Getting to know each other Learning agreements	- Participants have idea about other participants of the training - Created common agreement about learning environment and rules of the training - Defining learning needs of the participants	Get to know each other games Group discussion Individual reflection on the personal learning needs and objectives	Galina	
14:00 - 15:00	Team-building	- Created supportive learning environment - Participants able to work together	1.“Square” - A4 list separated on four squares where participants drew what they like to do, in what they are the best, what they want to learn and one of their dreams. After they are in pairs sharing what they have on the paper, exchange papers and looking for new partner. 2.“Youth work realities”. In the room we have three tables with A1 paper and topics to discuss “My work”, “My	Julia	Paper A4 Markers Pens Paper A1 with texts

			target group", "My challenges in the work". Participants in group discuss topic and moving to the next in new team.		
15:00 - 16:00	Defining learning needs of the participants Setting the goals	- Participants created personal learning plan - Defined learning needs of participants - Defined fears of participants	Individual work Work in pairs	Julia	Stickers Paper A1 Personal learning plan Pens
16:15 - 17:00	Reflection. Learning diaries. Information about study visits, setting groups for study visits according to participants learning needs and objectives.	- Participants reflected about their day, their feelings, new discoveries. Through reflection experience transformed into learning.	Presentation of the study visits Reflection in two groups Discussion	Galina Julia	
DAY2					
11:30 - 13:00	Study visit Tallinn	- Participants got to know good practices, challenges, approach of work with specific groups of young people (LGBT).	Visiting OMA keskus	Galina	
11:30 - 13:00	Study visit Tartu	- Participants got to know good practices, challenges, approach of work with specific groups of young people (refugees).	Visiting Johannes Mihkelsoni Keskus	Julia	

15:00 - 16:30	Study visit Tallinn	- Participants got to know good practices, challenges, approach of educating young people on the topics of global education, personal responsibility and conscious acting.	Visiting Mondo NGO	Galina	
15:00 - 16:30	Study visit Tartu	- Participants got to know good practices, challenges, approach of work with specific groups of young people (migrants).	Visiting Ethical Links	Julia	
DAY3					
10:00 - 11:30	Morning greeting Reflection about study visits	- Participants from both group shared their impressions from study visits - Each participant got idea about both study visits - With help of Dixit cards participants share their insights and outcomes from study visits	1.Morning energizer 2.Discussion 3.Work with Dixit cards or similar	Julia Galina	Cards

11:45 - 16:00	Involving young people with special needs	- Participants got ideas about how to involve young people with special needs/ disabilities into projects and activities - Participants got know where to ask recommendations about different kinds of target groups	Discussion Case-studies Questions-answers Meeting with participants with special needs	Jelena Lohmatova	

		- Participants realised importance of involving young people with special needs/disabilities - Participants got know real and practical examples of possible opportunities and methods of involvement			
16:15 - 17:00	Discussion Meeting with youth workers from different countries	- Participants reflect on the previous session about involving young people with special needs, realize how they could apply what they have learned in their work. - Participant's understanding of involving people with different cultural background expands through interaction with young people and youth workers from different countries.	Discussion Question Interactive methods	Galina	
17:00 - 17:30	Reflection	- Participants reflected about their day, their feelings and new discoveries. Through reflection experience transformed into learning.	Reflection in two groups Supportive tool - "Blob tree"	Galina Julia	Blob Tree Pens
DAY 4					
10:00 - 11:30	Morning greeting Values	- Participants reflected about personal values and values in the work	1.Morning energizer 2.Individual work - my personal values and my values in the work	Julia	Scheme of value and

	Exploring of internal and external limits in the work	- Participants defined the most important values for them - Participants explored the value and its anti-value advantages and disadvantages - Participants explored their limits and limits of the group in their work	Discussion in pairs 3.Group work - values and anti-values 4.Work in pairs - discuss a dilemma related to values that you experienced Questions to dilemmas: 1.What happened? What were the elements of the dilemma? 2.What did you/team do? 3.How did you feel?		anti-value on A1
11:45 - 13:00	Work with polarities Case-studies	- Participants recalled the importance of attitudes in the model as the basis for the rest to happen (knowledge and skills) - Participants explored the concept of curiosity from an attitude perspective - Participants experimented how we deal with polarities - Participants explored their limits and limits of the group on examples	1.Work with attitudes. Individual work and in group for 3. Two people are polarities one moving from one side "passive" to another "Stand up for", after participants changing and discuss. Questions to ask: - how does that feel now? - How did it feel before? - What feels better? 2. Work in mini-groups. Participants will get one case and need to decide how they will akt in situation. After sharing and discussion with whole group.	Julia	Scheme of Polarities on A1 Printed cases

14:00 - 16:00	Discussion. Tasks for next weeks until the next module	- Participants reflected about activity and connected case-studies and personal examples	Discussion about previous activity. Question to discuss: How did you come to this option? Did you all agree or were there different opinions? How did you feel in the discussion? What were the elements that make you opt for one way or another? Did you feel limited? Did you feel like following (following the needs of others) or leading (pushing for your need)? What would you have done?	Julia Galina	
16:15 - 17:00	Summarizing and harvesting	- Participants had an overview about the outcomes of the first module.	Discussion Learning diaries	Galina	
17:00 - 17:30	Reflection	- Participants defined own insights and outputs - Participants got an idea how to implement gotten knowledge/skills/attitudes into work practice and life	Reflection in pairs Questions to discuss: - Have you developed any different understanding? - Would you already passess yourself differently? - How you will use it? Supportive tool - "Hand"	Julia	Hand for reflection Pens