

Infopack

THE FUTURE OF YOUTH WORK

Erasmus Plus: KA2 Long Term Mobility

15th October 2018 – 15th December 2018.

1 Two month placement working in a variety of youth work setting in the Capital of Wales, Cardiff.

Coordinated by:

Project 2020 Community Interest Organisation
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Welcome

Dear youth worker, we are enormously happy to welcome you in Cardiff, Wales, where we hope you will have an enriching experience as a youth worker. Please use this info-pack as a guide to learn a bit about the place you are coming to, so that you feel confident enough to embark on a new experience. We will do our best so that your learning process and cultural interaction reach the highest level! For any additional questions, we are always at your disposal.



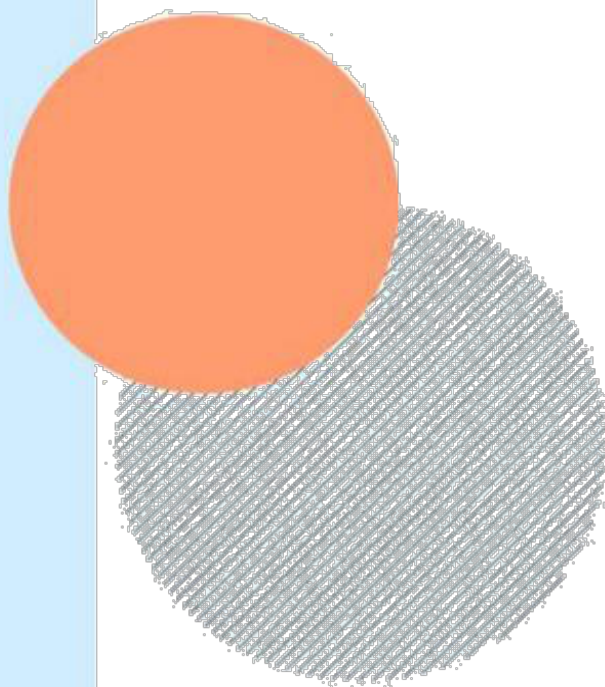
Happy reading and see you soon!

Project 2020 CIC



KEY ACTION 2
STRATEGIC PARTNERSHIP,
YOUTH CAPACITY BUILDING

WALES, MACEDONIA, ESTONIA



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INTRODUCTION

If you are reading this, you probably have been selected to be a youth worker in Cardiff in a variety of youth settings coordinated by Project 2020 CIC. Congratulations! You made a wise choice.

But let's take it slowly. Where are you coming? To the capital of Wales. Here is a bit of information about the places you will work and about where you will be active.



Cathays & Central Youth & Community Project (CCYCP) is a not-for-profit organisation and charity that aims to serve and provide for the community of Cathays and central Cardiff. It is managed by a voluntary committee of elected members from the local area.

As part of these goals it runs [Cathays Community Centre](#) which provides services to the **local neighbourhood and Cardiff** in the form of **events, projects, clubs, and facilities**.

Cathays Community Centre, Cardiff, provides a base for **community and youth facilities, social informal education and other non-profit activities**.

They provide fun and friendly **youth clubs in Cardiff** for both youth members, young adults, and those with learning difficulties and disabilities. ***All youth clubs charge £1.00 entry following which all facilities are free. Also, they have youth member committees who provide representation on CCYCP management board and various youth forums in Cardiff.***

The plan is for the youth worker to work 3 days a week here:





Radio Platform is a youth led online radio station based in the Welsh Millennium Centre. The aim of the station is to be a platform for young people to express their voice, produce their own shows, develop broadcasting skills through creation of radio content, and provide accredited training and shadowing opportunities within the media industry.

Radio Platform offers taster sessions, one-off and bespoke workshops for various groups. This is an excellent way for groups to gain an insight into the project and our newly-launched radio station, and to inspire young people to join the training programme.

Full accredited radio training is provided by Promo Cymru and The Sprout, hosted at the radio station space at Wales Millennium Centre. 2-hour sessions, one evening a week, and the course lasts for 6 weeks. The training programme guides young people through every element of the radio industry, from presenting, producing, scripting, editing, interviews, content, as well as learn other career-based skills. A showcase graduation event is held at the end of each training course to celebrate and shout about the work that the young people have completed during their training programme.

After graduating from the 6-week Radio Platform training course, young people can choose to follow other avenues, or they can continue to stay with Radio Platform to produce and present their own radio show! This is where we see emerging young talent and see our young people growing creatively as individuals and within our Radio Platform hub.

The plan is to work 1 day a week here.





Developing innovative community projects
Inspiring long-term positive change

Project 2020 Community Interest Company is a not-for-profit organisation based in Wales.

We are a collective extended family network comprising network of mentors, youth and community workers, trainers and creatives. volunteers' consultants. We collaborate to produce innovative community projects, assist with funding, design deliver issue-based workshops and offer consultancy service programmes.

We design and deliver Youth and Community Projects, workshops as well as work with local not-for-profit organisations, training. We also provide community research consultations, focus groups, reports, monitoring and evaluation.

Project 2020 CIC has a number of on-going project at the moment and these include:

- Born 2 Run: Macedonia
- Are You Lost Yet?
- Virtual Cycling 2020
- The Journey: Tales of Migration, Stories of Inclusion
- The Future of Youth Work

The plan of the placement is that the youth worker will work on day a week assisting Project 2020 CIC with the projects at hand.

ABOUT THE PROJECT

Supported by: Erasmus + programme

Period: 01.09.2017 – 31.08.2019

Description:

Main aim of this project is to provide an opportunity to emerging youth workers to gain knowledge, skills and practical experience necessary for supporting youth especially those from marginal backgrounds (ethnic minorities, low income families, etc.), vulnerable situations (disabilities, linguistic barriers, etc.) and NEET's (not in employment, education and training). The project will contribute to the professional development of a group of youth workers in education and/or training in Macedonia, Estonia and the United Kingdom through involving them in training and practical working experience in all nations, as well as through developing tools both off and online that they can use in their future work in this field. One of the major aims of the collaboration is the development of accreditation and recognition of professional youth work both in the UK, Estonia and Macedonia as well as Europe and even on a Global context.

More information about the project and the activities can be found [here](#) and on its official website [here](#).

This particular part of the project is a 2 month voluntary placement between 15th October 2018 – 15th December 2018.

ABOUT THE PARTNERS



Centre for Intercultural Dialogue (CID) is a civil society organisation located in Kumanovo, Macedonia, that works on local, national and international levels in the area of education for youth, peace promotion, community development. CID has 2 active headquarters: the main office and the youth centre MultiКулти. The youth centre, opened in 2010, hosts young people on a daily basis, offering them interesting workshops and activities that

develop their communication and intercultural skills, public speech, creativity, etc. We have a local volunteer club that develops activities; we send and receive volunteers and offer mobility opportunities around Europe for youth and on a global level. We also work on projects that address social inclusion, intercultural dialogue, gender equality and employability, etc.

INVOLVED is non-governmental organization aiming at creating possibilities for life-long learning and fostering development of individuals and different targets on local and international level. Via broadening horizons, developing practical skills and offering information and activities, they aim at more active participation in civil society.

You can read some more information about it [here](#).

INVOLVED.

ACCOMMODATION

Depending on whether there will be other youth workers hosted in the same period with you, accommodation will be organized in a 2 bedroom apartment or in student accommodation, where you can get to know each other better and learn to live together and develop friendships. You will have your own bedroom and the



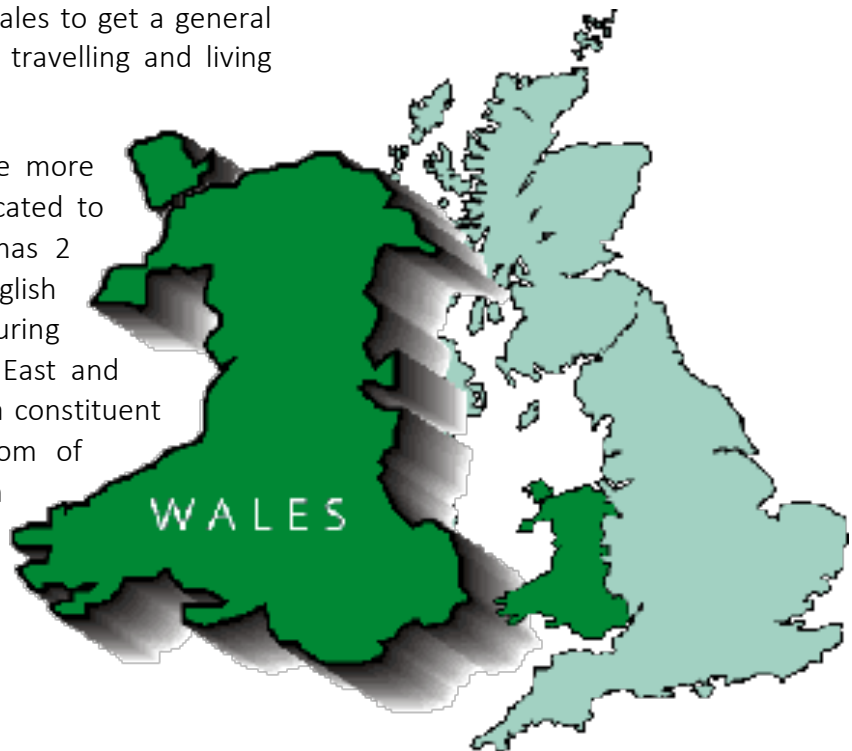
common spaces, such as balconies, dining room, kitchen, bathroom will be shared with the residents in the same venue. It may become a rich experience if you give people the chance to discover you and plan activities together. The accommodation is usually located not more than 20 minutes by walking from the office and from the centre.

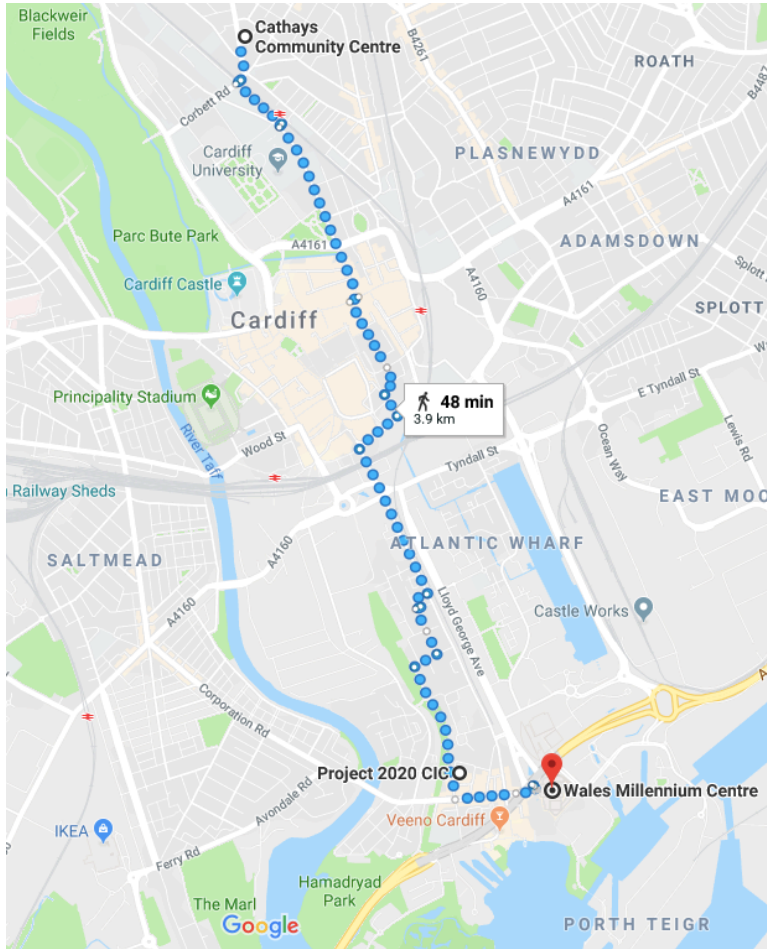
INFORMATION ABOUT THE VENUE

I guess you already googled Wales to get a general idea about where you will be travelling and living during your experience.

Well, let me tell you a couple more things. It's a small country located to the west of the England. It has 2 official languages which are English and Welsh. Its neighbouring countries are England to the East and Ireland to the West. Wales is a constituent country of the United Kingdom of Great Britain and Northern Ireland.

The official currency is the Great British Pound (GBP) (£).





Cardiff, our city, is located in the south of the country. It is the capital Wales of Macedonia and it's a very ethnically mixed city that is very rich in cultural varieties. Our offices are located in the bay (south) of city near Radio Platform (less than 20 min walking distance from the central station) and Cathays & Central Youth and Community Centre is 10 mins north of the centre. However, you will also get the chance to visit nearby rural areas.

All working spaces are located on the map, Radio Platform is located within the Welsh Millennium Centre.

Cardiff, Wales' capital city offers spectacular shopping, museums, dining and entertainment. Easy to explore on foot you can visit the free [National Museum Cardiff](#) and

spectacular [Cardiff Castle](#) all within the city centre.

Rich in ancient history, [sporting excitement](#), [romantic ambience](#), [eclectic culture](#) and 'out of this world' activities, Cardiff is the perfect holiday destination for families, couples and groups.

Cardiff is a thriving city, just 2 hours by train from London.

They say that the best experiences happen at the end of your comfort zone. Come with an open mind and with enthusiasm to discover and to learn and you will not be disappointed!

For any additional information you can contact us by email at d.carter@project2020cic.uk.

PRACTICAL INFORMATION:



Do not buy or book your tickets before consulting with the hosting organization. After all of the travel arrangements are done and approved by the hosting organization, please send all your travel details to d.carter@project2020cic.uk when you book them, so we can plan all the logistical aspects of your arrival and departure.

Also, please provide us with all original traveling documentation (invoices, tickets, receipts, boarding passes, etc.) upon arrival.

Getting to Cardiff

Since Cardiff has only one airport – *Cardiff International Airport* and flights there are poor, it is best to fly to London, Birmingham or Bristol. However, reasonable flights from Tallinn can be found to Cardiff via Amsterdam, for Skopje; London is the best option.

Once your flights are arranged we will help you arrange transport to Cardiff Centre from where ever you land as there are many variables and options.

Remember to bring:

- Appropriate clothes for the season, as summers can be hot, and winters can go quite below zero. The weather changes every few hours in Cardiff so be prepared for all, especially wet weather. It rains 250 days a year, you have been warned.
- Something that represents your culture, because we would like you to organize an Intercultural get-to-know-each-other evening.
- Any medication that you may require
- Positive attitude



ADDITIONAL INFORMATION:

Currency: In Wales and the UK the currency is Great British Pound (£). £1 = 1.12 Euros
Prices:

- Tea, coffee £2.5.
- Beer £3 -4.
- Day-to-go Bus Ticket £3.4.



As stated before Wales has two official languages English and Welsh, you only need to have a knowledge of English for Cardiff however it is polite and nice to know a few phrases in Welsh just to show respect for the indigenous language.

Wales

- **Cymru** - Wales
- **Cymry** - Welsh (people)
- **Cymraeg** - Welsh (language)
- **Cymru am byth!** - Wales forever!
- **Hen Wlad fy Nhadau** - Land of My Fathers (Welsh national anthem)

Essentials

- **Ie** - Yes
- **Nage** - No
- **Diolch** - Thank you
- **Diolch yn fawr** - Thank you very much
- **Os gwelwch yn dda** - Please
- **Esgusodwch fi** - Excuse me
- **Mae'n flin gyda fi** - Sorry (South)
- **Mae'n ddrwg gen i** - Sorry (North)
- **Chwarae teg** - Fair play

Greetings

- **Bore da** - Good morning
- **Prynhawn da** - Good afternoon
- **Noswaith dda** - Good evening
- **Nos da** - Goodnight
- **Helô / Hylô** - Hello
- **Shw mae?** - How are you? (South)
- **Sut mae?** - How are you? (North)
- **Croeso** - Welcome
- **Hwyl** - Bye
- **Hwyl am nawr** - Bye for now (South)
- **Hwyl am rwan** - Bye for now (North)

For any more information and help do not hesitate to ask, you can contact Daniel John Carter on:

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+447547863607 (Wales, UK)

Thank you and we hope to hear from you soon!

The Project 2020 CIC team.



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