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## 'YOUTH FOR HUMAN RIGHTS' PROJECT EVENT REPORT FORM

**Date: 4th – 9th of June 2018**

**Town/city and country of the event: Samorin, Republic of Slovakia**

**Title of the event: Training of Trainers in Human Rights Education**

**Report by: the Trainers Team - Ljubov Lissina, Pieter-Jan Uyttersprot, Dariusz Grzemny, Sabine Klocker**

**Type of event** Transfer seminar / National HRE training / Networking event /  
(please underline) Other: (EUROPEAN) TRAINING OF TRAINERS IN HUMAN RIGHTS EDUCATION

**Number of participants** 25

**Background of participants** Youth workers / Youth leaders / Youth field trainers / National stakeholders  
(please underline all relevant) / Policy makers / NAs / Higher education insitutions /  
Other (please specify)

**Signature sheet – insert here in PDF or link**

### Event programme

Monday, 4 June

Arrival of participants 18:00 Official opening of the course 18:00 Getting to know each other 19:00 Dinner 20:00 Welcome evening - group building activities

Tuesday, 5 June

9:30 Presentation of the aims and objectives, methodology and the programme of the course 9:45 Presentation of the Youth for Human Rights project (incl. Erasmus+ Programme) 10:15 Expectations of the participants 11:00 Break 11:30 Human rights and me 12:15 The concept of human rights – interactive input (preparation) 13:00 Lunch 14:30 The concept of human rights – cont. 16:00 Break 16:30 Challenges to human rights nowadays - group work 18:00 Reflection groups 19:00 Dinner 20:00 Fair of organisations

Wednesday, 6 June

9:30 Getting started with human rights education – simulation activity 11:00 Break 11:30 Debriefing and evaluation of the simulation activity 13:00 Lunch 14:30 What is behind human rights education – input 15:15 Practical workshops in human rights education: (break included) - Gender - Nationalism - Discrimination 18:00 Reflection groups 20:00 Intercultural evening revisited



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Thursday, 7 June

9:30 The roles of the trainer/educator in HRE (values and competences) – individual and group work 11:00 Break  
11:30 Challenges in educational work – workshop 13:00 Lunch 14:30 Open Space / World Cafe 17:00 Boat Trip  
19:00 Dinner

Friday, 8 June

9:30 Designing a programme of an educational activity in HRE – workshop 11:00 Break 11:30 Designing a  
programme of an educational activity – cont. 12:15 Introduction to National TC 13:00 Lunch 14:30 Working  
groups of National TCs – in national groups (break included) 18:00 Reflection groups 19:00 Dinner

Saturday, 9 June

9:30 Presentation of national training courses developed by the participants (with feedback) 11:00 Break 11:30  
Personal action/learning plans 12:00 Evaluation and closing of the training course

## Event summary

### Preparation

The course was based on the guidelines on the content and process on the Training of Trainers in Human Rights Education developed by the Experts' Group. The team of trainers adapted it translating programme ideas into concrete programme elements, with objectives and methods. During the preparatory meeting the trainers, besides revising aim and objectives and developing course content planned the preparation of the participants. The idea behind it was to connect different elements of the project and make use of them during the course. Therefore, the participants were asked to read the mapping study on HRE related to their country and the general mapping study report.

The time between the preparatory meeting and the course itself was used to revise the programme on the basis of the participants' expectations provided by the National Agencies. The trainers developed session outlines for the course and then revised them during the final preparatory meeting prior to the course.

Before the course, the participants were also asked to fill out pre-course questionnaire provided by the external expert.

### Participants

The participants of the course were selected by the National Agencies, taking into account the profile of participants as developed by the Experts' Group. According to this description participants of the course should have experience in training in youth work, have experience with non-formal education principles and approaches, have [some] experience and knowledge of – or interest in - human rights education issues (e.g. peace education, intercultural education, anti-racism, etc.), be able to work in English, be ready to work as a national team of four trainers, be committed to the whole duration of the process.

Participants were very well selected by the National Agencies and to a high degree they fulfilled the profile set for the course. All of them had experience in working with human rights related issues and with various target groups (refugees, migrants, LGBT people, etc.). The group, however, was very diverse when it comes to trainer's experience, with some participants working professionally as full-time freelance trainers to some who have just started. This diversity contributed to a group learning with participants feeling responsible for their peers' learning.



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## The course

During the course, participants were provided with the following content: human rights philosophy and history, characteristics of human rights, human rights application in the lives of young people, principles of human rights education, youth work and human rights education, roles of the trainers in human rights education, values in human rights education, working with young people on the issues related to gender, discrimination and nationalism, challenges to human rights and human rights education. They also developed the framework for the national training courses they will run after the course. Towards the end of the course, they reflected on their competences and developed individual learning plans that will be consulted with the trainers in order to provide tailored support in the practical phase between two residential seminars. This reflection, at the later stage, will inform the trainers in developing the programme for the evaluation seminar.

The programme included the introduction to the Youth for Human Rights Project and Erasmus+ Programme.

The process participants went through, besides addressing knowledge and trainers' skills, a lot of reflection on values and human aspect of human right education. Therefore, during the reflection groups participants had a chance to reflect on themselves being the trainers in human rights education and discuss it with the team and their peers. The course included some elements when the participants had a chance to challenge their own stereotypes and biases and discuss how they affect their work, which is important in human rights related work. The approach used during the course took into account participants own understanding and attitudes, which was used as a starting point to develop competences related to human rights and human rights education.

The programme included a variety of methods, starting from individual reflection and ending up with a simulation activity, which should give participants an overview how human rights education can be done with young people. Many national groups that worked on the development of their national training courses included several activities used throughout the course in their plans. The participants, developed their ideas taking into account the mapping study. The ideas of the national training courses presented by the participants were very different and adapted to the specific human rights situations in their countries.

The team of trainers was supported by Maari Poim (the coordinator of the Youth for Human Rights Project), Michaela Ujhazyova from JUVENTA and the representatives of the National Agency of Erasmus+ Programme in Slovakia.

## Evaluation

The team of trainers believes that the objectives of the training course were reached, however one or two days more would allow for deeper reflection and competence development focusing of specific needs of the participants. Taking into account the fact that all of the participants were trainers, the work on trainers' competences did not have to be done extensively. However, human rights and human rights education can be complex, and it is crucial for the participants to feel confident enough to deliver good quality national training courses. We believe most of the participants feel confident, but they might need extra support in the preparatory phase.

The evaluation form will be sent to the participants after the course by an external evaluator. However, in the end of the course, the team ran an evaluation session to get some impressions from the participants. Here are some of the comments:

- Most of the participants felt their expectations were fulfilled;
- Participants believe that the content of the programme was very relevant for their professional development; it allowed them to understand the specificity of human rights education with young



people; participants also appreciated time spent in national groups and the work on the programme of national training courses;

- The methods used were diverse, inspiring and easily applicable to the context of national training courses; the course, however, did not use much of creative methods (working with arts);
- The course allowed for reflecting on own training/learning needs and competences that need to be still developed;
- The course motivated participants and made them feel more committed to human rights education with young people and social change;
- The participants felt that there was a strong learning process in their national groups when developing the programme of national training courses. It allowed them to reflect on the meaning of their work, the key values behind it and the aims (both, personal and professional);
- The groups atmosphere was highly evaluated by the participants; they felt the group contributed both to individual and group learning; the short time of the training mobilised the participants to get most from it;
- Participants appreciate the opportunity of direct application of what they have learnt in the course into national training courses;
- Participants feel ready to run national training courses in their respective countries.

### Follow-up

- The use of creative methods (working with arts) should be further explored – the sharing session on using such methods could be planned during the evaluation seminar;
- The National Agencies should plan well the arrival and departure of the participants in order to avoid early departures of some participants;
- The participants should be assisted in the process of development of national training courses and competence development: this includes the National Agencies and the team of trainers. The trainers should encourage participants to contact them when needed. If there is not response, the trainers should check with the participants if any support is needed. Therefore, it would be reasonable that each trainer takes care of 2 teams and follows up with them more closely;
- The participants should be contacted some 2 months prior to the evaluation seminar in order to explore their learning/training needs and prepare the programme of the evaluations seminar to best address the needs of the participants;
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### Key points

The training of trainers in human rights education reached the following results:

- Building a group and network of HRE Trainers who will support each other and learn from each other while developing/running/evaluating National Training Courses on HRE
- Gaining competences as a trainer in human rights education
- Understanding human rights and the realities of young people in Europe



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- Designing 8 national training courses in human rights education for/with young people - tailor-made to local/national needs and HR issues
- Getting to know the ERASMUS+ program and its opportunities for future HRE projects with young people
- Exploring challenges in HR and HRE (settings, dilemmas, trainers role, ethics) and finding possible solutions
- Fostering exchange of HRE experiences and practice among participants (and their organisations)
- Getting to know HRE resources and learning how to use them
- Creating an atmosphere of opportunities, change and hope in the field of HR(E) in Europe today

### **HRE quotes – Write here (including profile picture of the person quoted)**

### **Links to media coverage (if applicable)**

(IWrite here)

### **Links to event visuals and audios**

(Insert/write here)